



REPUBLIC OF NAMIBIA

MINISTRY OF ENVIRONMENT, FORESTRY AND TOURISM

Precautions to take when hiking

- Avoid stepping on loose rocks when descending
- Follow trail markings on the rocks
- Assist each other when crossing
- Do not cross still standing water, as it might be deep
- Wear protective clothing because it might be deep

Guidelines

- Do not feed the animals anything
- The campsite should be left better than before
- Fires are not allowed, littering is not tolerated anyone found guilty will be reprimanded.
- Do not take chances to shortcuts where there are no tracks
- If you walk for more than 8km without seeing any water, then you are lost, please turn back and find your way.
- When nature calls; dig a hole in soft sand and bury it along with the toilet paper, everything should be carried underground.

Medical Emergencies

During a medical emergency, one person should remain with the injured person while the other finds help. We have emergency exits at hikers point, Sulphur springs and law Water Bridge and four fingers; we have vehicles patrolling these routes on regular basis. If there are, other visitors just send a message or ask for assistance from them to take you to park office.

Numbers to call in case you have a satellite phone

MEFT Hobas	063 683 445 / 063 683 446
NWR Ai- Ais	063 683 676
NWR Hobas	063 683 469
Ranger	081 206 4516 / 0852064516
Warden	081 288 1009
Namibia Medical Rescue	081 257 1810